

Osteoarthritis (OA)-related pain has more impact than you might think

WORK

1 THIRD
OF PEOPLE



with OA take early retirement, give up work or reduce their working hours due to their condition.¹



PATIENT IMPACT

Pain associated with OA greatly impacts people's lives;



Nearly three-quarters of people with OA report some form of constant pain.¹

Whilst depressive symptoms and anxiety affect around 20%.¹

CURRENT TREATMENT

THREE IN TEN **31%**



patients report that their current treatment is less effective than expected.



45% **RISING TO OVER FOUR IN TEN**



patients receiving strong opioids.²

PATHWAYS OF CARE FOR CHRONIC PAIN

Pathways of care for chronic pain and specialists involvement vary across the UK, which may lead to health inequality.^{3,4} Integrated services with multidisciplinary team working could improve outcomes for patients, society and the NHS.⁵



1. Versus Arthritis. The state of musculoskeletal health 2019. Available at <https://www.versusarthritis.org/media/14594/state-of-musculoskeletal-health-2019.pdf>. Last accessed March 2021.
2. Conaghan PG. et al. Current treatment patterns among European patients with osteoarthritis: analysis of a real-world dataset. 11th Congress of the European Pain Federation, EFIC Valencia, Spain September 4-7; 2019.
3. Chronic Pain Policy Coalition. Putting Pain on the Agenda: The Report of the First English Pain Summit. [Accessed March 2021. Available at: <https://www.awaywithpain.co.uk/sites/default/files/RCGP-Commissioning-Pain-Management-Services-Jan-14.pdf>].
4. British Pain Society 2012. National Pain Audit Final Report. [Accessed March 2021. Available at: https://www.britishpainsociety.org/static/uploads/resources/files/members_articles_npa_2012_1.pdf].
5. NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE – Scope - Clinical guideline title: Osteoarthritis: the care and management of osteoarthritis <https://www.nice.org.uk/guidance/cg177/documents/osteoarthritis-update-final-scope2> Last accessed March 2021.

